

## BIJLAGE 3

### VOORBEELD 24-UURS DAGBOEK

|                                                |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
|------------------------------------------------|-------------|-----|-----|-----|-----|-----|-------------|-----|-----|-----|-----|-----|-------------|-----|-----|-----|-----|-----|
| <b>Datum.....</b>                              | <b>7.00</b> |     |     |     |     |     | <b>8.00</b> |     |     |     |     |     | <b>9.00</b> |     |     |     |     |     |
|                                                |             | .10 | .20 | .30 | .40 | .50 |             | .10 | .20 | .30 | .40 | .50 |             | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
| Jengelen                                       |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
| Spelen met uw kind                             |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
| Voeden / eten                                  |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
| Slapen                                         |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |
| Waar is uw kind                                |             |     |     |     |     |     |             |     |     |     |     |     |             |     |     |     |     |     |

  

|                                                |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
|------------------------------------------------|--------------|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|
|                                                | <b>10.00</b> |     |     |     |     |     | <b>11.00</b> |     |     |     |     |     | <b>12.00</b> |     |     |     |     |     |
|                                                |              | .10 | .20 | .30 | .40 | .50 |              | .10 | .20 | .30 | .40 | .50 |              | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Jengelen                                       |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Spelen met uw kind                             |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Voeden / eten                                  |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Slapen                                         |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Waar is uw kind                                |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |

  

|                                                |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
|------------------------------------------------|--------------|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|
|                                                | <b>13.00</b> |     |     |     |     |     | <b>14.00</b> |     |     |     |     |     | <b>15.00</b> |     |     |     |     |     |
|                                                |              | .10 | .20 | .30 | .40 | .50 |              | .10 | .20 | .30 | .40 | .50 |              | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Jengelen                                       |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Spelen met uw kind                             |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Voeden / eten                                  |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Slapen                                         |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Waar is uw kind                                |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |

  

|                                                |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
|------------------------------------------------|--------------|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|--------------|-----|-----|-----|-----|-----|
|                                                | <b>16.00</b> |     |     |     |     |     | <b>17.00</b> |     |     |     |     |     | <b>18.00</b> |     |     |     |     |     |
|                                                |              | .10 | .20 | .30 | .40 | .50 |              | .10 | .20 | .30 | .40 | .50 |              | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Jengelen                                       |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Spelen met uw kind                             |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Voeden / eten                                  |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Slapen                                         |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |
| Waar is uw kind                                |              |     |     |     |     |     |              |     |     |     |     |     |              |     |     |     |     |     |

|                                                | 19.00 |     |     |     |     |     | 20.00 |     |     |     |     |     | 21.00 |     |     |     |     |     |
|------------------------------------------------|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|
|                                                |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Jengelen                                       |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Spelen met uw kind                             |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Voeden / eten                                  |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Slapen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Waar is uw kind                                |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |

|                                                | 22.00 |     |     |     |     |     | 23.00 |     |     |     |     |     | 00.00 |     |     |     |     |     |
|------------------------------------------------|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|
|                                                |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Jengelen                                       |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Spelen met uw kind                             |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Voeden / eten                                  |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Slapen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Waar is uw kind                                |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |

|                                                | 01.00 |     |     |     |     |     | 02.00 |     |     |     |     |     | 03.00 |     |     |     |     |     |
|------------------------------------------------|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|
|                                                |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Jengelen                                       |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Spelen met uw kind                             |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Voeden / eten                                  |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Slapen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Waar is uw kind                                |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |

|                                                | 04.00 |     |     |     |     |     | 05.00 |     |     |     |     |     | 06.00 |     |     |     |     |     |
|------------------------------------------------|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|-------|-----|-----|-----|-----|-----|
|                                                |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |       | .10 | .20 | .30 | .40 | .50 |
| Huilen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Jengelen                                       |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Verzorgen / in bad / schone luier              |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Spelen met uw kind                             |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Voeden / eten                                  |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Slapen                                         |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Kind tevreden wakker / aan het spelen (alleen) |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |
| Waar is uw kind                                |       |     |     |     |     |     |       |     |     |     |     |     |       |     |     |     |     |     |